SYS Communication No. 33

Saison 2024/25 – 1st November 2024

Replaces communication No. 7, 06.01.2019

The Organizer provides to each competing team on the competition arena ice surface a minimum of practice ice:

Senior ISU/Elite 12	**Short Program**	max. 2.50 min.	**10 minutes**
	Free Program	4:00 +/- 10 sec	**12 minutes**
Junior ISU	**Short Program**	max. 2.50 min.	**10 minutes**
	Free Program	3:30 +/- 10 sec	**11 minutes**
Mixed Age **Junioren B**	**Free Program**	3:30 +/- 10 sec	**11 minutes**
Advanced Novice **Basic Novice** **Juvenile** **Adult** **Masters**	**Free Program**	3:00 +/- 10 sec	**10 minutes**
Senioren B	**Free Program**	4:00 +/- 10 sec	**12 minutes**

Official Practice Ice Procedure:

A Team may enter the ice surface for their practice session once their name is announced and the preceding team has been asked to exit the ice.

The Team must exit the ice immediately when their practice segment is over.

Total time	**12 min**	**11 min**	**10 min**
Enter Ice	00:00	00:00	00:00
First 30-sec-warning	01:00	01:00	01:00
Play music first time	01:30	01:30	01:30
Program ends			
Second 30-sec-warning	06:30	06:00	05:30
Play music second time	07:00	06:30	06:00
Program ends			
Exit Ice	12:00	11:00	10:00

Competition:

ISU Rule 964

a) Short Program and Free Skating, each Team shall be allowed a warm-up of at least one (1) minute in duration (without their music during the judging time of the previous Team) before the Team is called to start.
b) A Team must not take more than thirty (30) seconds for exiting the ice surface for both the Short Program and Free Skating.
c) The first Team of each starting group is granted **a two (2) minute** warm up period before their call to start.

The Referee's Assistant Ice permits the first and each additional Team to enter the ice for their warm-up.

Kommission Synchronized Skating
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