

SWISS

# ICE SKATING

SWISS ICE SKATING MEETING

TEAM JUNIOR / TEAM NOVICE



DÜBENDORF – 15.-17.08.2022

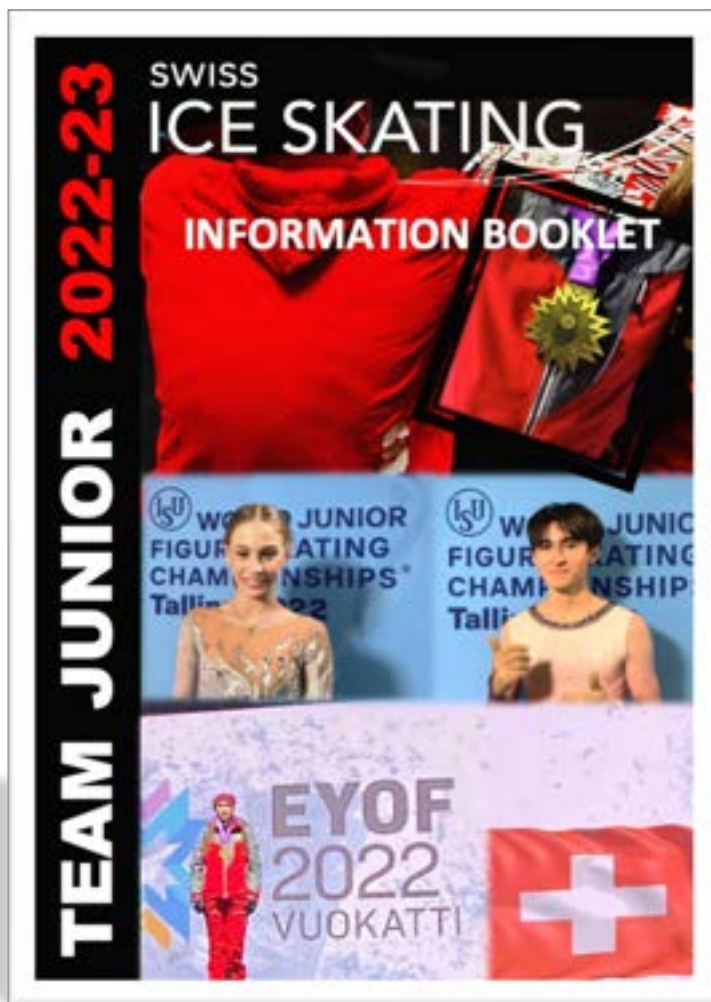


**BONJOUR !**

**SWISS**

**ICE SKATING**

**TEAM JUNIOR / TEAM NOVICE 2022-23**



**+**



# SWISS ICE SKATING

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## TEAM *NextGen!*

(RELÈVE - NACHWUCHS)



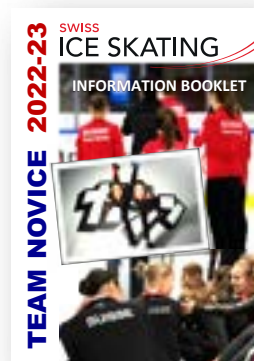
### TEAM JUNIOR

**National Team**

U19, U17

+

**National Junior**



### TEAM NOVICE

**National Team**

U15, U13

+

**National Novice**

# SWISS ICE SKATING

## TEAM *NextGen!*

TEAM JUNIOR / TEAM NOVICE 2022-23

**18** members of the **National Team**,  
between 12 and 18 years old  
(2 athletes with SOC **Bronze**, 16 SOTC **N**)

**8** members of the **National Junior** cadre (SOTC **N**)

**11** members of the **National Novice** cadre (SOTC **N**)

**11** members of the **National Novice** cadre (SOTC **R**),  
integrated as an incentive promotion within the Team Novice,  
including **5** reserve places still to be filled (or not) at the  
beginning of the season, according to the first competitive  
performances

= the **48 best Figure skaters** in **Switzerland** of the *NextGen!*  
on the way of performance sport to the national and...  
international *elite!* level (according **FTEM** Figure skating)

# SWISS ICE SKATING

## TEAM *NextGen!*



**Find the way  
back to the  
World's  
podiums  
and medals  
at the  
Olympic Games!**



TEAM JUNIOR / TEAM NOVICE 2022-23



# SWISS ICE SKATING

...  
with  
healthy  
athletes  
*made  
in  
Switzerland!*



# SWISS ICE SKATING

## TEAM MANAGEMENT

### Richard LEROY

Head of performance sport  
Figure Skating / Ice Dance  
+  
National coach NextGen

### Stéphane LAMBIEL



National coach Elite

### Sabrina MARTIN



Assistant national coach NextGen

### Cédric PERNET



National coach Ice Dance

# SWISS ICE SKATING

**Congratulations** to **Kimmy** and **Naoki**  
for their **TOP 10** at the  
**2022 World Junior Championships**  
in Tallinn



... and thank you to wear high the colors of **Swiss Ice Skating**  
and with the new **Karisma**'s collection to be worn by all our teams  
from the beginning of the 2022-23 competition season!



SWISS

# ICE SKATING

## TEAM *Collection*

TEAM JUNIOR / TEAM NOVICE 2022-23



# SWISS ICE SKATING

## TEAM *Collection*

TEAM JUNIOR / TEAM NOVICE 2022-23



# SWISS ICE SKATING

## TEAM *Collection*

TEAM JUNIOR / TEAM NOVICE 2022-23



TEAM JUNIOR / TEAM NOVICE 2022-23

# TEAM *Collection*

SWISS  
ICE SKATING



SWISS

# ICE SKATING

## ISU COMPETITIONS

TEAM JUNIOR / TEAM NOVICE 2022-23



**10** athletes selected in **JGP series 2022-23**



**5** athletes selected in **CHS series 2022-23**



**37** athletes selected in **ISU competitions**



**6** athletes still need to pass the requirements  
for access to **ISU competitions**



**4** quota places for the **World Junior  
Championships 2023** ( 2 women, 2 men )





# SWISS ICE SKATING



**EYOF2022**  
VUOKATTI



**GANGWON  
2024**





**EYOF**  
**2022**  
VUOKATTI



SWISS  
ICE SKATING

# FIGURE SKATING



# OPENING CEREMONY



20.03.22





# VICTORY CEREMONY



25.03.22



THANK  
YOU  
VUOKATTI



# SWISS ICE SKATING



## What is the "All Talent Camp in Tenero" (3T)?

During the All Talents Camp in Tenero, more than 500 talented athletes from various Swiss sports federations train for a week in Ticino under the motto "talent@work - to be a future champion". During this camp, Swiss Olympic offers young athletes a unique opportunity to develop their potential in the spirit of the Olympic values « Excellence - Friendship - Respect »... Together!

Save the date:

**14.-19.05.2023**

**3T – WITH SWISS ICE SKATING...  
AND ICE !!!**



# TEAM MEETING

# SWISS ICE SKATING

## SWISS ICE SKATING MEETING TEAM JUNIOR / TEAM NOVICE

DÜBENDORF – 15.-17.08.2022



# SWISS ICE SKATING

## TEAM MONITORING

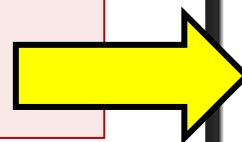
- 🔑 **Complete follow-up** - sports, planning, competition, training, socio-educational, sport goals, support, regular exchanges with head coaches, sports schools, and performance centers, etc. by **Richard Leroy**.
- 🔑 **Training credits packages** in Champéry with **Stéphane Lambiel**, free of charge, including financial support for accommodation and the possibility of working in choreography (depending on availability).
- 🔑 **Individualized analysis and monitoring** from an attached high classed **judges** on the approach to **program components**, including adaptations to the 2022-23 regulations.
- 🔑 **Instant corrections** via WhatsApp, at any time, on the features and levels of your steps, spins as well as the whole technical aspect of the **judging system** with **Sabrina Martin** (Team Novice) / **Sandor Galambos** (Team Junior).
- 🔑 **« Mentoring »** with **Sarah Meier van Berkel**, to share respective experiences... and even just need to talk to someone who understands you for having lived the same athlete's life!
- 🔑 **Test Skate opportunities**, in order to allow all members of the Team Novice / Team Junior to have the necessary feedback before starting the main **competition season (end of August - end of March)**.

# SWISS ICE SKATING

## SWISSICESKATING.CH

Online - in French and German -  
from the end of August 2022!

[swissiceskating.ch](https://swissiceskating.ch)



# SWISS ICE SKATING

## PISTE 2023

An essential step in the **promotion of the next generation** is done according to the system **P.I.S.T.E.**

(**P**rognostische **I**ntegrative **S**ystematischer  
**T**rainer-**E**inschätzung)

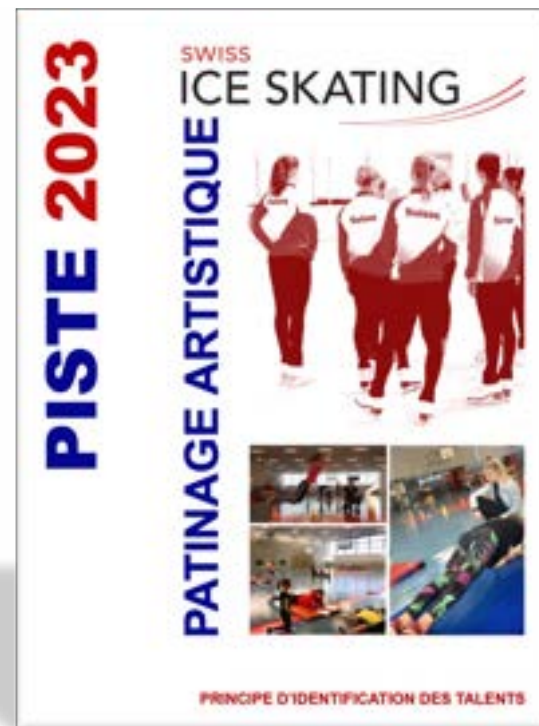
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NOVICE + JUNIOR

=

**PISTE 2023**



SWISS

# ICE SKATING

+ HEALTH +

*MEDICAL & PREVENTION*



**COOL & CLEAN**

 **swiss**   
olympic





+ HEALTH +

# SWISS ICE SKATING

*swiss  
sport  
integrity*

CLEANWINNER

## CLEANWINNER



**+ HEALTH +**

# SWISS ICE SKATING

**STRONGBODY&MIND2**

- antidoping
- sport integrity
- sport psychology
- sport nutrition



All information will be sent out this weekend.  
10 sessions online.  
Meetings by languages.  
First session on Thursday, September 20, 2022.

# SWISS ICE SKATING

## #SocialMeDia

TEAM JUNIOR / TEAM NOVICE 2022-23



#teamnoviceswissiceskating  
#teamjuniorswissiceskating





# SWISS ICE SKATING

ENJOY  
YOUR **TEAM** MEETING!

AND

HAVE A GREAT  
**2022-23 SEASON!**



Skate Academy  
SWITZERLAND



TANZ  
ZWICKY

ZwiBack