

TEAM NOVICE 2022-23

SWISS

ICE SKATING

INFORMATION BOOKLET



WELCOME IN TEAM NOVICE 2022-23



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1. GUIDELINES

1.1. WHAT'S TEAM NOVICE OF SWISS ICE SKATING?

Team Novice of **Swiss Ice Skating** is born in Spring 2019. For the first time, the best swiss skaters and ice dancers of age for ISU Advanced Novice category have been brought together in a development project. **Team Novice** is to be considered as all the national teams and national cadres of the next generation.

The project has been entrusted since its creation by **Swiss Ice Skating** to **Richard Leroy**, national coach novice, under the authority of the head of commission Figure (**Sandor Galambos**).

Since two last seasons, **Stéphane Lambiel**, national coach elite, and **Cédric Pernet**, national coach ice dance, have also been introduced for some actions into this project. Since this season, for specific reasons, a national novice cadre for Ice dance has been set up separately. **Team Novice** is then for Figure skating only.

Since May 1, 2022, **Richard Leroy** has held the position of head of sport performance in addition to his involvement with the **Team Novice**. For this reason, an assistant national coach novice should be announced to support him in certain tasks during the 2022-23 season.

Furthermore, **Sarah van Berkel** (from her maiden name **Sarah Meier**) will regularly supporting and advising young athletes of **Team Novice** as mentor of the promotion 2022-23.

The goals of **Team Novice** are to:

- **supporting** high talented young athletes in their individual training, programming, monitoring, competitions and in their socio-educational follow-up: school and competitive sports,
- **coordinating** by one contact only (national coach novice) all communication with **Swiss Ice Skating** (except registration in competition), and Swiss sports institutions, sports schools, etc.,
- **working** as needed with head-coach on the athlete's project for which he or she is responsible,
- **allowing** international experiences by registration and financial support for ISU competitions in Advanced Novice or Junior category (according to selection criteria defined for Team Novice),
- **encouraging** participation of athletes in specific online training, especially on topics of prevention, sports psychology, sports integrity, and sports nutrition,
- **meeting** athletes together several times a season around training and team projects,
- **preparing** athletes for a future integration into **Team Junior**.

Richard Leroy is the main contact with **Swiss Ice Skating** for athletes of **Team Novice**, their head-coaches, and families. Individual communication can be made in French, English or German depending on the preference. More general communication sent to the entire **Team Novice** is done in English. Administrative communication with Swiss institutions is written in French, respectively in English for foreign institutions.

1.2. WHO'S SELECTED INTO TEAM NOVICE FOR 2022-23?

Selection in **Team Novice 2022-23** depends on:

- requirements for **Swiss Ice Skating teams and cadres 2022-23**,
- talent identification through **PISTE NOVICE 2022**,
- **FTEM** concept,
- **quota of places / SOTC allocated for Team Novice by Swiss Ice Skating / Swiss Olympic.**

All information concerning Swiss Ice Skating teams and cadres, athletes, documents and rules related to sports performance, are regularly updated online in French and German: **Swiss Ice Skating website, section cadres and athletes.**

25 athletes, who are at least 10 years old and less than 15 years old as of July 1, 2022, are selected in **Team Novice** from May 1, 2022, to April 30, 2023, and are divided into National Team U13 / National Team U15 / National Novice A / National Novice B, according to the athlete development pyramid, FTEM Figure skating and Swiss Ice Skating teams and cadres' rules in force:

N	U15	Gradinaru	Carla Anthea	29.01.09	KZEV.DUB
N	U15	Joos	Noemi	23.07.08	KZEV.ZOE
N	U15	Sekulovski	Eugenia	27.12.08	KZEV.DUB
N	U13	Bacsa	Olivia	10.09.09	KZEV.DUB
N	U13	Brandenburg	Anastasia	16.10.09	KZEV.DUB
N	U13	Dibbern	Elisabeth	11.12.10	KZEV.DUB
N	U13	Martinenghi	Elena	24.08.10	FTP.LUG
N	U13	Tzimpoukakis	Leandra	14.07.09	KZEV.ZOE
N	NOV A	Bessire	Sayra	19.08.08	ARP.BIE
N	NOV A	Chhing	Cécilia	28.01.09	KZEV.ZOE
N	NOV A	Fehn	Ella	20.01.08	VZE.ENG
N	NOV A	Fischer	Felicitas	15.10.07	BEV.STM
N	NOV A	Frei	Stella	29.09.07	KZEV.ZOE
N	NOV A	Orlando	Alissa	24.09.08	KZEV.ZOE
N	NOV A	Pazienza	Chiara Michaela	17.11.08	KZEV.SFH
N	NOV A	Poliakova	Mariia	12.10.07	ARP.MEY
N	NOV A	Schmid	Gion	06.03.10	KZEV.ZOE
N	NOV A	Tischler	Jayana	24.01.08	VZE.ENG
N	NOV A	Weiler	Ean	12.09.07	KZEV.BUE
R	NOV B	Haymoz	Noélie	20.01.11	ARP.FRI
R	NOV B	Sekulovski	Marina	04.07.11	KZEV.DUB
R	NOV B	Toniolo	Clara	10.07.09	FTP.LUG
R	NOV B	Touron	Alissa	14.06.10	ARP.FRI
R	NOV B	van der Geest	Ejnie	25.09.07	KZEV.KUS
R	NOV B	Wobmann	Anja	24.04.10	VZE.LUZ

Swiss Olympic Talent Card are effective as of May 1, 2022. Cards are digitized and directly sent to the current email address of each **Team Novice** member.

Swiss Ice Skating reserves the right to complete **Team Novice 2022-23 (National Novice B)** with a maximum of 5 additional athletes, at the beginning of the main season and according to pre-defined conditions.

2. TEAM NOVICE CALENDAR

2.1. PRE-SEASON 2022-23 (01.05.-15.09.2022)

→ A first **individual meeting** for each Figure skater of **Team Novice**, head-coach, and parents (if available) with Richard Leroy must be organized at **House of Sports** in Ittigen/BE (headquarters of Swiss Ice Skating) or by **Zoom** (duration: 45 minutes maximum). This information meeting is to exchange on each other's plans and preparing the season.

Such individual organization meeting by head-coaches/athletes/families directly with **Richard Leroy** (richard.leroy@swissiceskating.ch) must be done without reminder according to the priorities and possibilities of everyone. **For newcomers only**, this meeting can be organized on the athlete's training facility during the pre-season period (visit of a training session followed by an information meeting).

→ Some **meetings** are planned for **Team Novice 2022-23** during the pre-season period, to let focus the main season more on individual performance, follow-up, and competitions:

02.07.2022	JGP Selection Only for National Team U15	Bäretswil
13.08.2022	JGP Program control Only for skaters selected or substitute for a JGP series event (mandatory)	Flims
15.- 17.08.2022	Team Novice Meeting (optional for skaters selected or substitute for a JGP series event)	Dübendorf
16.- 17.09.2022	*** Test-Skate *** (optional for skaters selected or substitute for a JGP series event)	Lausanne

Any planned event is subject to change. Participation is generally **mandatory** according to the indications mentioned in red subtitles. Information, conditions, registration, and detailed programs will be respectively communicated to athletes/coaches/families concerned by the different meetings in due time. For school exemption, when necessary, please contact **Richard Leroy** (richard.leroy@swissiceskating.ch).

→ This pre-season again in addition to workshops during Team Novice meetings, particular attention is to be paid into **concept, presentation, and program components**. By the way, **Swiss Ice Skating** is providing to support athletes of **Team Novice** in their 'artistic' process for a complete sportive development up to the international level:

- through the possibility of some planned 'training credits' (upon request and subject to availability) with **Stéphane Lambiel** to focus on skating skills, steps and turns, transitions and/or choreography, in Champéry, with a complementary support of **NASAK*** for accommodation if applicable.

* The National Sports Facilities Concept (**NASAK**) is a federal funding instrument of national importance sports facilities. More information: **Richard Leroy** (richard.leroy@swissiceskating.ch).

- through the organization of an individual visit, if necessary and upon request, by an **international Swiss judge** sensitized at the highest level for the approach of the program components.

These two points can be discussed during the first **individual meeting** and more information will follow as soon as possible.

→ As of January 1, 2022, **Antidoping Switzerland** has become **Swiss Sport Integrity**, which is responsible for antidoping, but also a support service for ethical issues. Athletes, families, and coaches are invited to read the information on this site.

In addition to preventive workshops during Team Novice meetings, the athletes (with their parents), and all coaches, need to take part online in a basic anti-doping training → <https://ch.cleanwinner.org> and make sure to send their "**clean winner certificate**" (which can be obtained only at the end of this e-learning) to **Richard Leroy** (richard.leroy@swissiceskating.ch) **before June 1, 2022**.

2.2. MAIN SEASON 2022-23 (15.09.2022-15.04.2023)

→ Season competition calendar as well as **Swiss Ice Skating** relevant communication for 2022-23 will be online on usual headings in due course: <https://www.swissiceskating.ch>

→ A complete tentative of **individual planification** for each member of **Team Novice**, must be communicated without reminder by head-coach to Richard Leroy **before September 15, 2022** (incl. request for ISU competitions which would have to be planned on the first half of the season). Eventual modification as well as follow-up of each **Team Novice** member can then be organized directly between head-coach and national coach novice.

→ According to **Swiss Ice Skating Medical concept**, and by requiring an annual **medico-sports check-up (SPU)** for all its athletes in national teams and cadres, **Swiss Ice Skating** wants to encourage **prevention among young athletes committed into sports performance** (including a financial support for all members of National Team U13/U15).

Information about **sports medicine facilities** recognized by **Swiss Olympic** can be found online too. Contacts in fields of **sports performance diagnostics**, **mental preparation**, and **sports psychology** (for any individual program at athletes' own expense) can be advised upon request to **Richard Leroy**.

→ In addition to actions such as *Antidoping* or *Ethics*, athletes of **Team Novice** could be entered (optional) into a **nutrition and psychology skills preventive program for young performance sports talents**, setting up by **Swiss Ice Skating** in collaboration with professionals, doctors, and sports psychologists. Project fees are borne by **Swiss Ice Skating**.

Information, topics, and schedule will be communicated in due time. Different sessions (approx. 10 per skater) would be organized according to the language spoken by the athletes (French, German or Italian).

2.3. MISCELLANEOUS

- **Team Novice** program is non-exhaustive, subject to change. Team events can be cancelled/added by **Swiss Ice Skating**.
- Regular and numbered **Team Novice communications** with relevant information are sent by email to athletes, coaches, and families throughout the season. **Remain vigilant as to the information thus transmitted. Always be aware of deadlines and expected responses.**
- Regular contact between **head-coach/athlete** and **national coach novice** is also required throughout the season. Injuries as well as any other problems should be reported. **Richard Leroy** also remains at disposal of athletes, head-coaches, or families if any special support is necessary (training, advises, competition, feedbacks, attestation of sports practice, follow-up for sports schools, etc.).
- Specific documents concerning selection concept for **TEAMS & CADRES 2023-24** or **PISTE 2023** as well as relevant information about **Team Novice** are regularly updated on usual Swiss Ice Skating website's headings as early as the summer of 2022.
- As in the past, no membership fee is charged to an athlete being part of **Team Novice**.
- A **Team Novice sports outfit collection** is offered to athletes for representation in competition. Athletes will be contacted by **Karisma Switzerland** to take measurements.
- A **#teamnoviceswissiceskating** can be used by athletes, coaches, and families for visibility on social networks.
- Rules of good conduct on social networks must be maintained, especially for athletes who represent **Swiss Olympic / Swiss Ice Skating** on the international scene. Please watch the **Swiss Olympic** video in [French](#) or [German](#) for next-generation athletes.
- An **Athlete Agreement** regulates the rights and obligations between **Swiss Ice Skating** and a **Team Novice** athlete (by the signature of his/her legal representative) and his/her head-coach for the 2022-23 season, and according to the present **Team Novice 2022-23 booklet** and more general information specified on the convention. Please return it duly signed upon receipt and according to the modalities that will be communicated to you in due course, with the corresponding **declaration of submission to antidoping rules**. More information: **Matthias Baumberger**, manager of **Swiss Ice Skating** (matthias.baumberger@swissiceskating.ch). **Please note: the signature of the Athlete Agreement is mandatory for everyone wanting to represent Swiss Ice Skating in ISU competitions during the 2022-23 season.**

2.4. PROMOTION AND ADDITIONAL FINANCIAL SUPPORTS

- As member of **Team Novice**, skaters have been issued a **SOTC (Swiss Olympic Talent Card)** for the current season, allowing to benefit from [various services](#) of **Swiss Olympic** partners.
- Athletes holding a **SOTC N** can benefit from the sponsorship program of [Sporthilfe](#).
- **Cantonal sports departments** as well as **sports foundations** are supporting sports talents with **SOTC N** or **R**, through [financial contributions](#), scholarships and other services.
- Since January 1, 2018, the structured, performance-oriented promotion of the **Swiss Ice Skating** talents with **SOTC N** or **R**, who are training in a recognized and sustainable organization, is supported by **Swiss Olympic** through new [resource conditions](#) (and depending on the recognized education level as well as working time of the head coach).
- Crowdfunding platforms, such as [I believe in you](#), allow athletes to solicit contributions to fund their sports projects.

3. INTERNATIONAL COMPETITIONS

3.1. INTERNATIONAL COMPETITIONS LISTED ON THE ISU CALENDAR

3.1.1. ADMINISTRATIVE FORMALITIES FOR ISU EVENTS

→ Entries are made by Swiss Ice Skating only!

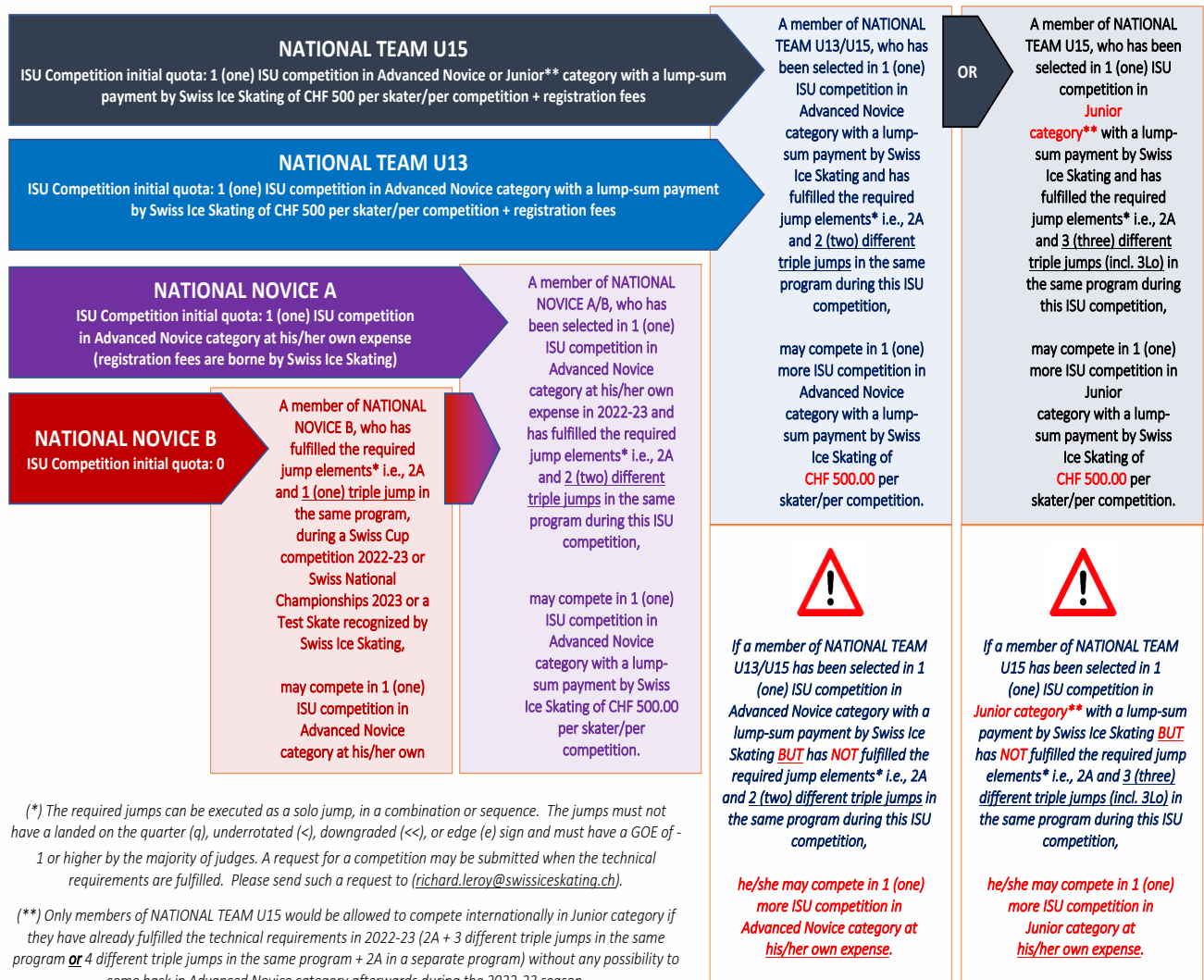
Entries for all international competitions listed on ISU calendar are exclusively made by **Swiss Ice Skating**. Considering the below selection criteria, recommendations are made by the national coach novice in close collaboration with the head-coach of each skater. **Consistent season planning must first be validated by concerned parties.**

- Publications made by **Swiss Ice Skating** that pertain to the selection process apply in accordance with ISU rules and ISU Communications.
- An updated **ISU calendar** can easily be found on **ISU website**:
<https://www.isu.org/figure-skating/events/figure-skating-calendar>
- An administrative procedure for all members of **Team Novice** entering in ISU competition, is organized by the **Swiss Ice Skating secretariat** (through **Florence Schneider**) as follows:
 1. A skater, who is member of **Team Novice**, must cleanly complete a **declaration form for competitor entering ISU events** (filled in with computer and scanned for signatures) as well as an **ISU health care form** for the season 2022-23. These two documents must imperatively be sent in “pdf-format” by email to **Florence Schneider** (info@swissiceskating.ch) **before July 15, 2022**.
 2. A coach, who wants to be entered in international competition with a **Team Novice** skater, also needs to have completed a **declaration form for official** (only one head-coach and one coach assistant per athlete have the possibility to complete this declaration) at the same time than her/his athlete (and before July 15, 2022).
 3. Each member of **Team Novice** must have an updated file recorded at the **Swiss Ice Skating secretariat** with a recent **passport photo** in jpg format, a **copy of a valid passport** and both **programs music** in mp3 format (time duration of ISU competition category) to be sent by email to **Florence Schneider** (info@swissiceskating.ch) **before July 15, 2022**. If there are any changes during the season, please directly inform **Florence Schneider / Richard Leroy** for relevant updates.
 4. Required information for ISU competition (General, Media, Music information and PPC) must be completed online on **ISU Portal** by the athlete or her/his family, under the control of her/his head-coach. Members of **Team Novice 2021-22** are already able to login. Newcomers in **Team Novice 2022-23** will directly be invited to login this portal by an email from ISU in due time.
 5. As soon as the **announcement** of a planned ISU competition for a member of **Team Novice** is published, the national coach novice must confirm the selection to athlete/head-coach according to the place-quotas opened by nation/category by the organizers. The name of accompanying coach(es) and chaperones if applicable, must then immediately be communicated by return e-mail. Hence, relevant information, organization deadlines, and complementary registration formalities will be forwarded to the whole Swiss delegation by **Florence Schneider** (info@swissiceskating.ch).

6. **Please note** that information on [ISU Portal](#) must be updated by skaters/families **without reminder and at least two weeks before the registration deadline** for any international competition. Without this formality, no updated document could be received by the organizers and no registration could be confirmed with **Swiss Ice Skating** on time. Consequently, the registration would be cancelled.
- Entry fees for ISU competitions are borne by **Swiss Ice Skating**.
 - Organization of trip and stay, as well as all insurance, must be arranged by the skater with her/his head-coach and family. **Swiss Ice Skating** only takes care of registration formalities. The bank account, which is indicated for each skater of **Team Novice**, will be automatically credited after the competition of a lump-sum payment by **Swiss Ice Skating** if applicable.
 - **Please note** that [passport](#), as well as [ISU Clearance](#) if applicable, must be physically presented by an athlete at the time of accreditation of any ISU competition.

3.1.2. REQUIERMENTS FOR ISU COMPETITIONS

To taking part in an international competition listed on the ISU calendar, the following scenarios apply for skaters in **Team Novice 2022-23**. Please note that they are subject to modifications:



Please note that in case of selection to an event of **JGP series** (only possible for a member of the National Team U15), the above conditions remain applicable for any other ISU competitions during the season. A separate selection concept for the JGP series assignments, as well as specific information, will be communicated only to the athletes concerned.

Special conditions for selections such as the **EYOF Friuli Venezia Giulia 2023** (for all members of Team Junior + Team Novice, born between 01.07.2006 and 30.06.2008) will be communicated directly to the athletes and coaches concerned in due course.

3.1.3. WITHDRAWAL

In case of cancellation from an athlete side, information such as a medical certificate must be sent to **Florence Schneider / Richard Leroy** no later than 48 hours before the beginning of the competition. Without a certified medical or compelling reason, the entry fees would be recharged to the athlete/family. The medical certificate must be written in English and signed by a sports doctor, in order to be transmitted in due form to the organizers and according to ISU rules in force.

3.2. INTERNATIONAL COMPETITIONS LISTED ON THE ISU CALENDAR AND OPEN FOR ENTRY BY INDIVIDUAL CLUBS

Entries for all ISU Novice categories (Basic, Intermediate or Advanced Novice) in an international competition listed on ISU calendar - and which is also announced as an Interclub competition - may only be made by club for a Team Novice member. Skaters **must receive** permission from the national coach novice to register for such a competition. These skaters must compete under the name of the club they represent. Entries may only be made by the respective club and at the skaters' own expense. Entry fees are borne by the skaters or club they represent. In case of non-compliance with these requirements and in accordance with ISU rules, Swiss Ice Skating reserves the right to apply sanctions. Please send any requests to **Richard Leroy** (richard.leroy@swissiceskating.ch).

Note: Technical Element Scores (TES) and required jump elements performed in these competitions, i.e., international competitions listed on the ISU calendar 2022-23, are counted toward PISTE 2023, National Team & Team Novice 2023-24, etc.

3.3. INTERCLUB COMPETITIONS

Interclub competitions include all competitions abroad that do not appear on the ISU calendar; they are invitational and are sent to individual clubs in accordance with ISU rules. Skaters must compete under the name of the club they represent. Entries may only be made by the respective club and at the skaters' own expense. Entry fees are borne by the skaters or club they represent. Permission from the National Novice Coach for such competitions is **not** required.

Note: Technical Element Scores (TES) and required jump elements performed in these competitions are not counted toward PISTE 2023, National Team & Team Novice 2023-24, etc.

4. REMINDER FOR IMPORTANT DEADLINES

What?	Who?	On what?	Deadline?
Personal Data	Athletes	"DATA_TEAM NOVICE 2022" formular by email to richard.leroy@swissiceskating.ch	ASAP
Individual meeting with national coach novice	Athletes <u>and</u> <u>coaches</u>	Direct booking, by email to richard.leroy@swissiceskating.ch	ASAP
Pre-registration for Team Meetings	Athletes	https://forms.gle/quNfnx6u7cKw7TS26	15.05.2022
Certificate Antidoping e-learning	Athletes <u>and</u> <u>coaches</u>	https://ch.cleanwinner.org certificate by email to richard.leroy@swissiceskating.ch	01.06.2022
Registration for Team Novice Meeting / Dübendorf	Athletes	TBA	TBA
Registration for Test Skate / Lausanne	Athletes	TBA	TBA
ISU Declaration Form for Competitors + ISU Health Care Form + Passport copy + Photo in .jpg + Programs music in .mp3	Athletes	Documents by email to info@swissiceskating.ch	15.07.2022
ISU Declaration Form for Officials	Coaches	Document by email to info@swissiceskating.ch	15.07.2022
Season Planification	Coaches	Free form by email to richard.leroy@swissiceskating.ch	15.09.2022
Personal Data on ISU Portal for registration in an international competition (incl. update)	Athletes (and coaches)	ISU Portal with personal login	Min. 2 weeks before the registration deadline
PISTE 2023	Athletes	Registration by the club via VVA	15.12.2022
Annual medical Check Up	Athletes	Information	15.02.2023

!!!Please respect the deadlines without any additional reminders!!!