

TEAM JUNIOR 2022-23

SWISS ICE SKATING

INFORMATION BOOKLET



ISU WORLD JUNIOR
FIGURE SKATING
CHAMPIONSHIPS®
Tallinn 2022



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WELCOME IN TEAM JUNIOR 2022-23



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1. GUIDELINES

1.1. WHAT'S TEAM JUNIOR OF SWISS ICE SKATING?

Team Junior of **Swiss Ice Skating** is born on May 1, 2022. For the first time, the best Swiss junior skaters have been brought together in a follow-up project. **Team Junior** is to be considered as all the national teams and national cadres on the higher step of the next generation.

The project is under the authority of **Swiss Ice Skating** through the head of sport performance (**Richard Leroy**) and the chef of commission Figure (**Sandor Galambos**).

Stéphane Lambiel, national coach elite, and **Cédric Pernet**, national coach ice dance, are also taking part into this project for specific actions. Anyway, a national junior cadre for Ice dance has been set up separately. **Team Junior** is then for Figure skating only and for athletes generally classified around the **T4** of the **FTEM** on their way to the national and international elite level.

During this season, **Sarah van Berkel** (from her maiden name **Sarah Meier**) will regularly supporting and advising athletes of **Team Junior** as mentor of the promotion 2022-23.

The goals of **Team Junior** are to:

- **supporting** the best athletes on the higher stage of the Junior international category in their individual training, programming, monitoring, competitions and in their socio-educational follow-up: school and competitive sports,
- **coordinating** by one contact only (head of sport performance) all communication with **Swiss Ice Skating** (except registration in competition), and Swiss sports institutions, Swiss Olympic, sports schools, sports army, etc.,
- **working** as needed with head-coach on the athlete's project for which he or she is responsible,
- **allowing** international performances and results by registration and financial support for ISU competitions/championships (according to selection criteria especially defined for Team Junior),
- **encouraging** participation of athletes in specific online training, especially on topics of prevention, sports psychology, sports integrity, and sports nutrition,
- **meeting** athletes together around team projects, if possible,
- **preparing** athletes for the highest post-junior international level and on the higher way of FTEM's echelons.

Richard Leroy, head of sport performance, is the main contact with **Swiss Ice Skating** for athletes of **Team Junior**, their head-coaches, and families. Individual communication can be made in French, English or German depending on the preference. More general communication sent to the entire **Team Junior** is done in English. Administrative communication with Swiss institutions is written in French, respectively in English for foreign institutions.

1.2. WHO'S SELECTED INTO TEAM JUNIOR FOR 2022-23?

Selection in **Team Junior 2022-23** depends on:

- requirements for **Swiss Ice Skating teams and cadres 2022-23**,
- talent identification through **PISTE 2022**,
- **FTEM** concept,
- recognized junior international results to reach by required qualifications for a **Swiss Olympic Card Bronze**,
- **quota of places / SOTC allocated** for **Team Junior** by **Swiss Ice Skating / Swiss Olympic**.

All information concerning Swiss Ice Skating teams and cadres, athletes, documents and rules related to sports performance, are regularly updated online in French and German: **Swiss Ice Skating website, section cadres and athletes**.

18 athletes, who are eligible in the ISU Junior category as of July 1, 2022, **are selected in Team Junior 2022-23**, from May 1, 2022, to April 30, 2023, and divided into National Team U19 / National Team U17 / National Junior not in National Team but holder of a SOTC N, according to the athlete development pyramid, FTEM Figure skating and Swiss Ice Skating teams and cadres' rules in force:

BRONZE	U19	Repond	Kimmy	18.10.06	EVBN.ELS
BRONZE	U19	Rossi	Naoki	20.01.07	KZEV.ZHO

N	U19	Bodenstein	Noah	14.10.04	ARP.LAM
N	U19	Joos	Sarina	24.06.06	KZEV.ZOE
N	U19	Kaiser	Livia	02.10.04	KZEV.DUB

N	U17	Chervet	Aurélian	11.12.06	EVBN.BER
N	U17	Franzi	Sara	30.01.06	FTP.BLZ
N	U17	Pavlov	Georgii	11.04.06	KZEV.ZOE
N	U17	Plüss	Elina	10.09.06	ARP.FRI
N	U17	Von Felten	Sophie Joline	19.04.09	VZE.LUZ

N	JUN	Albisetti	Anna	05.07.05	FTP.LUG
N	JUN	Chiper	Aurel	21.04.07	KZEV.ZOE
N	JUN	Clerc	Ophélie	23.09.05	ARP.VER
N	JUN	Cosentino	Elodie	09.01.06	ARP.LAM
N	JUN	Franzi	Sofia	01.02.04	FTP.BLZ
N	JUN	Gauch	Laura	25.10.05	ARP.FRI
N	JUN	Sakai	Taigo Thomas	31.05.04	KZEV.WIN
N	JUN	Schori	Mila Grace	06.10.06	KZEV.BUE

Swiss Olympic Card Bronze and **Swiss Olympic Talent Card National** are effective as of May 1, 2022. Cards are digitized and directly sent to the current email address of each **Team Junior** member.

2. TEAM JUNIOR CALENDAR

2.1. PRE-SEASON 2022-23 (01.05.-15.09.2022)

→ A first **individual meeting** for each Figure skater of **Team Junior**, head-coach, and parents (if available) with Richard Leroy must be organized at **House of Sports** in Ittigen/BE (headquarters of Swiss Ice Skating) or by **Zoom** (duration: 45minutes maximum). This information meeting is to exchange on each other's plans and preparing the season. Such individual organization meeting by head-coaches/athletes/families directly with **Richard Leroy** (richard.leroy@swissiceskating.ch) must be done without reminder according to the priorities and possibilities of everyone.

→ A complete tentative of **individual planification** for each member of **Team Junior**, must be communicated without reminder by head-coach to Richard Leroy **before July 1, 2022** (incl. request for ISU competitions which would have to be planned on the first half of the season). Eventual modification as well as follow-up of each **Team Junior** member can then be organized directly between head-coach/Richard Leroy.

→ Some **meetings** are planned for **Team Junior 2022-23** during the pre-season period:

02.07.2022	JGP Selection Only for National Team U19/U17	Bäretswil
13.08.2022	JGP Program control Only for skaters selected or substitute for a JGP series event (mandatory)	Flims
15. 17.08.2022	Team Junior Meeting Optional for skaters selected or substitute for a JGP series event	Dübendorf
16. 17.09.2022	*** Test-Skate *** Optional for skaters selected or substitute for a JGP series event	Lausanne

Any planned event is subject to change.

The two athletes holding the SOC Bronze are exempted for pre-season team meetings if needed (except Program control in Flims). For everyone else in **Team Junior**, participation is generally **mandatory** according to the indications mentioned in red subtitles. Please complete the [online pre-registration questionnaire](#) as soon as possible (and no later than May 15, 2022).

Information, conditions, final registration, and detailed programs will be respectively communicated to athletes/coaches/families concerned by the different meetings in due time. For school exemption, when necessary, please contact **Richard Leroy** (richard.leroy@swissiceskating.ch).

→ Particular attention is to be paid into **concept, presentation, and program components**. By the way, **Swiss Ice Skating** is providing to support athletes of **Team Junior** in their 'artistic' process for a complete sportive development on international level:

- through the option of some planned 'training credits' (upon request and subject to availability) with **Stéphane Lambiel** to focus on skating skills, steps and turns, transitions and/or

choreography, in Champéry, with a complementary support of **NASAK*** for accommodation if applicable

- through the organization of an individual visit, if necessary and upon request, by an **international Swiss judge** sensitized at the highest level for the approach of the program components.

These two points can be discussed during the first **individual meeting** and more information will follow in due course.

→ As of January 1, 2022, **Antidoping Switzerland** has become **Swiss Sport Integrity**, which is responsible for antidoping, but also a support service for ethical issues. Athletes, families, and coaches are invited to read the information on this site.

In addition all the athletes in **Team Junior** need to take part online in a basic anti-doping training → <https://ch.cleanwinner.org> and make sure to send their "**clean winner certificate**" (which can be obtained only at the end of this e-learning, and only if not already done in the 2021-22 season) to **Richard Leroy** (richard.leroy@swissiceskating.ch) **before June 1, 2022**.

→ The **ISU Congress** scheduled early in June 2022, is expected to make some changes to the general and technical regulations for the current and further seasons. Important information will be communicated as soon as possible and will be available on the ISU website in any case: <https://www.isu.org/figure-skating>.

In this sense it is the responsibility of the athletes and coaches to keep up to date with ISU communications, as well as general and technical regulations in force for the 2022-23 season.

2.2. MAIN SEASON 2022-23 (15.09.2022-15.04.2023)

→ During the main season, there is only one-to-one communication for **Team Junior** members, their parents, their head-coaches, and the head of sports performance of **Swiss Ice Skating**. **Richard Leroy** also remains at disposal of athletes, head-coaches, or families if any administrative support is necessary (attestation of sports practice, follow-up for sports schools, apprenticeship schools, sports army, etc.).

→ Season competition calendar as well as **Swiss Ice Skating** relevant communication for 2022-23 will be online on usual headings in due course: <https://www.swissiceskating.ch>

→ **ISU communications** must be checked/followed by the skaters/families and coaches: <https://www.isu.org/figure-skating/rules/fsk-communications>

→ According to **Swiss Ice Skating Medical concept**, and by requiring an annual **medico-sports check-up (SPU)** for all its athletes in national teams and cadres, **Swiss Ice Skating** wants to encourage **prevention among young athletes committed into sports performance** (including a financial support for all members of National Team U19/U17).

* The National Sports Facilities Concept (**NASAK**) is a federal funding instrument of national importance sports facilities.
More information: **Richard Leroy** (richard.leroy@swissiceskating.ch).

Information about [sports medicine facilities](#) recognized by **Swiss Olympic** can be found online too. Contacts in fields of **sports performance diagnostics**, **mental preparation**, and **sports psychology** (for any individual program at athletes' own expense) can be advised upon request to **Richard Leroy**.

→ In addition to actions such as *Antidoping* or *Ethics*, athletes of **Team Junior** could be entered (optional and upon registration) into a **nutrition and psychology skills preventive program for young performance sports talents**, setting up by **Swiss Ice Skating** in collaboration with professionals, doctors, and sports psychologists. Project fees are borne by **Swiss Ice Skating**. Information, registration, topics, and schedule will be communicated in due time. Different sessions (approx. 10 per skater) would be organized according to the language spoken by the athletes (French, German or Italian).

2.3. MISCELLANEOUS

- **Team Junior** program is non-exhaustive, subject to change. Team events can be cancelled/added by **Swiss Ice Skating**.
- Regular and numbered **Team Junior communications** with relevant information are sent by email to athletes, coaches, and families throughout the season. **Remain vigilant as to the information thus transmitted. Always be aware of deadlines and expected responses.**
- Specific documents concerning selection concept for **TEAMS & CADRES 2023-24** or **PISTE 2023** as well as relevant information about **Team Junior** are regularly updated on usual Swiss Ice Skating website's headings during the summer of 2022.
- **No** membership fee is charged to an athlete being part of **Team Junior**.
- A **Team Junior sports outfit collection** is offered to athletes for representation in competition. Athletes will be contacted by **Karisma Switzerland** to take measurements.
- A **#teamjuniorswissiceskating** can be used by athletes, coaches, and families for visibility on social networks.
- Rules of good conduct on social networks must be maintained, especially for athletes who represent **Swiss Olympic / Swiss Ice Skating** on the international scene. Please watch the **Swiss Olympic** video in [French](#) or [German](#) for next-generation athletes.
- An **Athlete Agreement** regulates the rights and obligations between **Swiss Ice Skating** and a **Team Junior** athlete (by the signature of his/her legal representative) and his/her head-coach for the 2022-23 season, and according to the present **Team Junior 2022-23 booklet** and more general information specified on the convention. Please return it duly signed upon receipt and according to the modalities that will be communicated to you in due course, with the corresponding **declaration of submission to antidoping rules**. More information: **Matthias Baumberger**, manager of Swiss Ice Skating (matthias.baumberger@swissiceskating.ch).

Please note: the signature of the Athlete Agreement is mandatory for everyone wanting to represent Swiss Ice Skating in ISU competitions during the 2022-23 season.

2.4. PROMOTION AND ADDITIONAL FINANCIAL SUPPORTS

- As member of **Team Junior**, skaters have been issued a **SOTC** (**Swiss Olympic Talent Card**) for the current season, allowing to benefit from [various services](#) of **Swiss Olympic** partners.
- Athletes holding a **SOTC N** can benefit from the sponsorship program of [Sporthilfe](#).
- **Cantonal sports departments** as well as **sports foundations** are supporting sports talents with **SOTC N**, through [financial contributions](#), scholarships and other services.
- Since January 1, 2018, the structured, performance-oriented promotion of the **Swiss Ice Skating** talents with **SOTC N**, who are training in a recognized and sustainable organization, is supported by **Swiss Olympic** through new [resource conditions](#) (and depending on the recognized education level as well as working time of the head coach).
- Crowdfunding platforms, such as [I believe in you](#), allow athletes to solicit contributions to fund their sports projects.
- Special conditions and supporting are reserved for holders of a [Swiss Olympic Card Bronze](#). Regular contact with **Swiss Olympic**, through the head of sports performance of **Swiss Ice Skating**, is essential. More information: **Richard Leroy** (richard.leroy@swissiceskating.ch).

3. INTERNATIONAL COMPETITIONS

3.1. INTERNATIONAL COMPETITIONS LISTED ON THE ISU CALENDAR

3.1.1. ADMINISTRATIVE FORMALITIES FOR ISU EVENTS

Entries for all international competitions listed on ISU calendar are **exclusively** made by **Swiss Ice Skating**. Considering the selection criteria, a consistent season planning must **first** be validated by concerned parties (skater/head-coach/family/head of sports performance of **Swiss Ice Skating**).

- Publications made by **Swiss Ice Skating** that pertain to the selection process apply in accordance with ISU rules and ISU Communications. An updated **ISU calendar** can easily be found on **ISU website**: <https://www.isu.org/figure-skating/events/figure-skating-calendar>
- An administrative procedure for all members of **Team Junior** entering in ISU competition, is organized by the **Swiss Ice Skating secretariat** (through **Florence Schneider**) as follows:
 1. A skater, who is member of **Team Junior**, must cleanly complete a **declaration form for competitor entering ISU events** (filled in with computer and scanned for signatures) as well as an **ISU health care form** for the season 2022-23. These two documents must imperatively be sent in "pdf-format" by email to **Florence Schneider** (info@swissiceskating.ch) **before June 15, 2022**.
 2. A coach, who wants to be entered in international competition with a **Team Junior** skater, also needs to have completed a **declaration form for official** (only one head-coach and one coach assistant per athlete have the possibility to complete this declaration) at the same time than her/his athlete (and before June 15, 2022).
 3. Each member of **Team Junior** must have an updated file recorded at the **Swiss Ice Skating secretariat** with a recent **passport photo** in jpg format, a **copy of a valid passport** and both **programs music** in mp3 format (time duration of ISU competition category) to be sent by email to **Florence Schneider** (info@swissiceskating.ch) **before June 15, 2022**. If there are any changes during the season, please directly inform **Florence Schneider / Richard Leroy** for relevant updates.
 4. Required information for ISU competition (General, Media, Music information and PPC) must be completed **online** on **ISU Portal** by the athlete or her/his family, under the control of her/his head-coach. If some members of **Team Junior** are not yet able to login, please to contact as soon as possible **Florence Schneider** (info@swissiceskating.ch).
 5. As soon as the **announcement** of a planned ISU competition for a member of **Team Junior** is published, the head of sports performance must confirm the selection to athlete/head-coach according to the place-quotas opened by nation/category by the organizers. The name of accompanying coach(es) and chaperones if applicable, must then immediately be communicated by return e-mail. Hence, relevant information, organization deadlines, and complementary registration formalities will be forwarded to the whole Swiss delegation by **Florence Schneider** (info@swissiceskating.ch).
 6. **Please note** that information on **ISU Portal** must be updated by skaters/families **without reminder and at least two weeks before the registration deadline** for any international competition. **Without this formality, no updated document could be received by the organizers and no registration could be confirmed with Swiss Ice Skating on time.** Consequently, the registration would be cancelled.

- Entry fees for ISU competitions are borne by **Swiss Ice Skating**.
- Excepted for major ISU Championships or Olympic events, organization of trip and stay, as well as all insurance, must be arranged by the skater with her/his head-coach and family. **Swiss Ice Skating** only takes care of registration formalities. The bank account, which is indicated for each skater of **Team Junior**, will be automatically credited after the competition of a lump-sum payment by **Swiss Ice Skating** according to the applicable [expense reimbursement regulations](#) – 2022-23 season.
- **Please note** that [passport](#), as well as [ISU Clearance](#) if applicable, must be physically presented by an athlete at the time of accreditation of any ISU competition/event.

3.1.2. REQUIERMENTS FOR ISU COMPETITIONS

The [2022-23 selection concept for ISU Competitions](#) will be communicated during the summer of 2022.

Special conditions for selections such as the [2022-23 JGP Series](#) or the [EYOF Friuli Venezia Giulia 2023](#) (for all members of Team Junior + Team Novice, born between 01.07.2006 and 30.06.2008) will be communicated directly to the athletes and coaches concerned in due course.

3.1.3. WITHDRAWAL

In case of cancellation in any ISU competition/event from the athlete side, information such as a medical certificate must be sent to **Florence Schneider / Richard Leroy** no later than **48 hours** before the beginning of the competition. Without a certified medical or compelling reason, the entry fees would be recharged to the athlete/family. The medical certificate **must be written in English** and signed by a sports doctor, in order to be transmitted in due form to the organizers and according to ISU rules in force.

4. REMINDER FOR IMPORTANT DEADLINES

What?	Who?	On what?	Deadline?
Individual meeting with Richard Leroy	Athletes and coaches	Direct booking, by email to richard.leroy@swissiceskating.ch	ASAP
Personal Data	Athletes	"DATA_TEAM JUNIOR 2022" formular by email to richard.leroy@swissiceskating.ch	15.05.2022
Pre-registration Team Meetings	Athletes	https://forms.gle/quNfnx6u7cKw7TS26	15.05.2022
Registration for JGP Selection (U19/U17 + JUN Men)	Athletes	https://forms.gle/8QfsiBh6dy1GEudG6 (and according to information sent by email)	15.05.2022
Certificate Antidoping e-learning	Athlete and coaches	https://ch.cleanwinner.org certificate by email to richard.leroy@swissiceskating.ch	01.06.2022
Registration for Team Junior Meeting / Dübendorf	Athletes	TBA	TBA
Registration for Test Skate / Lausanne	Athletes	TBA	TBA
ISU Declaration Form for Competitors + ISU Health Care Form + Passport copy + Photo in .jpg + Programs music in .mp3	Athletes	Documents by email to info@swissiceskating.ch	15.06.2022
ISU Declaration Form for Officials	Coaches	Document by email to info@swissiceskating.ch	15.06.2022
Season Planification	Coaches	Free form by email to richard.leroy@swissiceskating.ch	01.07.2022
Personal Data on ISU Portal for registration in an international competition (incl. update)	Athletes (and coaches)	ISU Portal with personal login	Min. 2 weeks before the registration deadline
PISTE 2023	Athletes	Registration by the club via VVA	15.12.2022
Annual medical Check Up	Athletes	Information	15.02.2023

!!!Please respect the deadlines without any additional reminders!!!