





Swiss Ice Skating will organize the Speed Skating Swiss Championships 2020 on the frozen lake St. Moritz. It will be held under the regulations of the International Skating Union (ISU). A standard speed skating track of 400 meters to the lap laid out at the lake of St. Moritz, an open air natural ice rink in St. Moritz, Switzerland. The radii of the inner and outer curves competition lanes are with radius of 25.5 and 29.5 meters, respectively a warm-up track In addition to the Swiss Championships I have the honor and pleasure to invite you to the third **St. Moritz Open** for national and International speed skaters.

#### **Competition Leader**

Jan Caflisch Head Speed Skating Commission speed@swissiceskating.ch www.swissiceskating.ch





# Program - St. Moritz Open

**Training:** Friday 24.1.2020, 13.00 – 15.00

**Drawing**: Friday, 24.1.2020 18:00

**Program:** (time schedule is subject to change)

	100/300m	500m	1000m	1500m	3000m	5000m	10'000m
Sat, 25.1.20	11.00 a.m.						
L (SC)	Х	Х	Х	Х	Х		
M (SC)	Х	Х	Х	Х	Х		
Sun, 26.1.20	11.00 a.m						
L (SC)	Х	Х	Х	Х	Х	Х	
M (SC)	Х	X	Х	Х	Х	Х	X1)

On these distances number of starters may be restricted thru organizer
L = Ladies M = Men / SC = distance Swiss Championship
and 300m only for Novices and Juniors (born after, 30.6.2004) see also ISU Rules

Speed Skaters, signing in for the distances they would like to start over the 2 days. There will be a separate protocol for the participants in this category.

**Liability** According ISU Regulation 119 paragraph 1&2 Medical Insurance

The International Skating Union (ISU) and the Organizer assume no responsibility for your liability with respect to bodily or personal injury or property loss or damage incurred in connection with the competitions. Each member is solely responsible for providing insurance coverage thereto.

Licence

Participants must be a member of a national speed skating federation recognized by the ISU. Swiss Skaters must have a licence from the Swiss Ice Skating Federation. If you have no licence you may get from the organizer a temporary starting licence for € 20 / CHF 25 per Racing day or €30.00 / CHF 40.00 for the Weekend.

**Protocol** All participants will receive a protocol with end times.

**Doping control** May be made in accordance with ISU rules.

Entry fee € 15.00 / CH 20.00 per distance or € 30.00 / CHF 35.00 per racing day

In addition € 10.00 / CH 15.00 per Training day

Payment according to the personal Entry list (see attachment)

**Participants** St. Moritz Open is integrated into the Swiss Championship

Participants should have reached a minimum time limit before.





Minimum time limits reached							
Distance	Men	Ladies	Juniors (L/M)				
100m	Jun. & Novices	Jun. & Novices	No Time Limit				
300m	Jun. & Novices	Jun. & Novices	No Time Limit				
500m	46,80	48,80					
1000m	1.32,50	1.38,70	May start				
1500m	2.23,50	2.35,00	requested time as for				
3000m		5.28,00	men & ladies				
5000m	8.36,00						

Junior and Novices Kat. C+D born after 30.6.2004)

**Entries** At the latest until **12.1.2020** with your completed entry list (see attachment)

#### **Accommodations**

**Hotel Europa:** Via Suot Chesas 9, 7512 St. Moritz, +41 81 839 55 55

info@hotel-europa.ch

**Hotel all in One:** Via Nouva 3, CH-7505 Celerina, +41 81 834 47 95

INNLodge: <u>info@innlodge.ch</u>

### **Further Accommodation Possibilities:**

Please contact St. Moritz Tourismus; Internet: <a href="https://www.stmoritz.ch">www.stmoritz.ch</a>

## **Organizing Committee**

For inquiries and registration please use the following address:

#### Jan Caflisch

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Contact: Swiss Ice Skating, Speed Skating Commission,

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