

07.08.2018

**Technische Bedingungen zur Teilnahme an Wettkämpfen im Eistanz für die Saison 2018/19**  
**Conditions techniques de participation aux compétitions de danse sur glace pour la saison 2018/19**

Elite / Elite

Saison 2018/2019

<p><b>Rhythm Dance</b> <sup>1</sup></p>	<p><b>Tango or Tango plus one additional rhythm.</b>  The Pattern Dance Element (Tango Romantica) shall be skated to Tango rhythm and must be in the style of the chosen rhythm, with the range of tempo: 28 measures of four beats per minute (112 beats per minute) plus or minus 2 beats per minute.  The Tempo of the music throughout the Pattern Dance Elements must be constant.  Pattern Dance Type Step Sequence must be skated to a different rhythm from the one chosen for the Non Touching Step Sequence. The Tempo of the music throughout the Pattern Dance Type Step Sequence must be constant.</p> <p><b>Duration: 2 min 50 sec ± 10 sec</b></p> <p><u>Required Elements:</u>  <b>2 Sections of Tango Romantica</b> to be skated one after the other (Section 1, steps #1-27, followed by Section 2, steps #28-49), with step #1 skated on judge's left side;  <b>1 Short Lift</b> (up to 7 seconds) and not more;  <b>1 Step Sequence in Hold or Not Touching or Combination of both (Style B)</b> chosen from the following Type of pattern: <b>Midline, Diagonal or Circular.</b>  - Specifications to Style B:  <ul style="list-style-type: none"> <li>• 1 Stop permitted, up to 5 seconds</li> <li>• 1 Retrogression up to two measures is permitted and may start from the permitted Stop.</li> <li>• Loops are NOT permitted</li> </ul> <b>1 Combination Set of Sequential Twizzles</b> with <b>at least two Twizzles for each partner</b> &amp; up to 1 step maximum between Twizzles.</p>
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<sup>1</sup> Gemäss den Anforderungen für die ISU Kategorie Senior der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 /  
Selon les critères pour la catégorie ISU Senior des ISU Communications suivantes et éventuelles clarifications en suite : 2148

Elite / Elite

Saison 2018/2019

<p><b>Free Dance</b> <sup>2</sup></p>	<p><b>Duration: 4 min ± 10 sec</b></p> <p><u>Required Elements:</u></p> <p>Either <b>1 Combination Lift</b> (up to 12 seconds) <b>and 1 Short Lift or 3 different types of Short Lifts</b> and not more;</p> <p><b>1 Spin or Combination Spin;</b></p> <p><b>1 Step Sequence in Hold (Style B): Straight line or Curve;</b></p> <p><b>1 Combination One Foot Step Sequences:</b> Turns performed simultaneously on one foot by each partner, not touching</p> <p><b>1 Combination Set of Synchronized Twizzles</b> with up to three steps in between Twizzles;</p> <p><b>1 Choreographic Character Step Sequence</b>, performed anywhere in the program, placed around the Short Axis &amp; proceeding from barrier to barrier</p> <p><b>2 different Choreographic Elements</b> out of:</p> <ul style="list-style-type: none"> <li>- <b>Choreographic Dance Lift</b> (min. 3 up to 10 seconds), performed after all the other required Dance Lifts</li> <li>- <b>Choreographic Spinning Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Twizzling Movement</b>, performed after the required Combination Set of Twizzles</li> <li>- <b>Choreographic Sliding Movement</b>, performed anywhere in the program</li> </ul>
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<sup>2</sup> Gemäss den Anforderungen für die ISU Kategorie Senior der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 /  
Selon les critères pour la catégorie ISU Senior des ISU Communications suivantes et éventuelles clarifications en suite : 2148

Junioren / Juniors Saison 2018/2019

<p><b>Rhythm Dance</b> <sup>3</sup></p>	<p><b>Tango or Tango plus one additional rhythm.</b>  The Pattern Dance Element (Argentine Tango) shall be skated to Tango rhythm and must be in the style of the chosen rhythm, with the range of tempo: 24 measures of 4 beats per minute (96 beats per minute) plus or minus 2 beats per minute.  The Tempo of the music throughout the Pattern Dance Elements must be constant.</p> <p><b>Duration: 2 min 50 sec ± 10 sec</b></p> <p><u>Required Elements:</u></p> <p><b>2 Section of Argentine Tango</b> to be skated one after the other (Section 1, steps #1-18; Section 2, steps #19-31):  Option 1 - Section 1 followed by Section 2 with step #1 skated on judge's left side or Option 2 - Section 2 followed by Section 1 with step #19 skated on judge's right side;</p> <p><b>1 Short Lift</b> (up to 7 seconds) and not more;</p> <p><b>1 Step Sequence in Hold or Not Touching or Combination of both (Style B)</b> chosen from the following Type of pattern: <b>Midline, Diagonal or Circular.</b></p> <p>- Specifications to Style B:</p> <ul style="list-style-type: none"> <li>• 1 Stop permitted, up to 5 seconds</li> <li>• 1 Retrogression up to two measures is permitted and may start from the permitted Stop.</li> <li>• Loops are NOT permitted</li> </ul> <p><b>1 Combination Set of Sequential Twizzles</b> with <b>at least two Twizzles for each partner</b> &amp; up to 1 step maximum between Twizzles.</p>
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<sup>3</sup> Gemäss den Anforderungen für die ISU Kategorie Junior der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 /  
*Selon les critères pour la catégorie ISU Junior des ISU Communications suivantes et éventuelles clarifications en suite : 2148*

Junioeren / Juniors Saison 2018/2019

<p><b>Free Dance</b> <sup>4</sup></p>	<p><b>Duration: 3½ min ± 10 sec</b></p> <p><u>Required Elements:</u></p> <p>Either <b>1 Combination Lift</b> (up to 12 seconds) <b>or 2 different types of Short Lifts</b> and not more;</p> <p><b>1 Spin or Combination Spin;</b></p> <p><b>1 Step Sequence in Hold (Style B): Straight line or Curve;</b></p> <p><b>1 Combination One Foot Step Sequences:</b> Turns performed simultaneously on one foot by each partner, not touching</p> <p><b>1 Combination Set of Synchronized Twizzles</b> with up to three steps in between Twizzles;</p> <p><b>2 different Choreographic Elements</b> out of:</p> <ul style="list-style-type: none"> <li>- <b>Choreographic Dance Lift</b> (min. 3 up to 10 seconds), performed after all the other required Dance Lifts</li> <li>- <b>Choreographic Spinning Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Twizzling Movement</b>, performed after the required Combination Set of Twizzles</li> <li>- <b>Choreographic Sliding Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Character Step Sequence</b>, performed anywhere in the program, placed around the Short Axis &amp; proceeding from barrier to barrier.</li> </ul>
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<sup>4</sup> Gemäss den Anforderungen für die ISU Kategorie Junior der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 /  
Selon les critères pour la catégorie ISU Junior des ISU Communications suivantes et éventuelles clarifications en suite : 2148

Nachwuchs / Cadets Saison 2018/2019

<b>Pattern Dances</b> <sup>5</sup>	<b>Argentine Tango and Blues</b> ; couples shall provide their own music for all Pattern Dances
<b>Free Dance</b> <sup>5</sup>	<p><b>Duration: 3 min ± 10 sec</b></p> <p><u>Required Elements:</u></p> <ul style="list-style-type: none"> <li><b>1 Short Lift</b> (up to 7 second) and not more;</li> <li><b>1 Spin or Combination Spin</b>;</li> <li><b>1 Straight Line Step Sequence in Hold (Midline or Diagonal) or Curved Step Sequence in Hold (Style B) (Circular or Serpentine)</b></li> <li><b>1 Combination Set of Synchronized Twizzles</b></li> <li><b>2 different Choreographic Elements</b> out of: <ul style="list-style-type: none"> <li>- <b>Choreographic Dance Lift</b> (min. 3 up to 10 seconds), performed after all the required Dance Lifts</li> <li>- <b>Choreographic Spinning Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Twizzling Movement</b>, performed after the required Combination Set of Twizzles</li> <li>- <b>Choreographic Sliding Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Character Step Sequence</b>, performed anywhere in the program, placed around the Short Axis &amp; proceeding from barrier to barrier.</li> </ul> </li> </ul>

<sup>5</sup> Gemäss den Anforderungen für die ISU Kategorie Advanced Novice der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 & 2172 /  
Selon les critères pour la catégorie ISU Advanced Novice des ISU Communications suivantes et éventuelles clarifications en suite : 2148 & 2172

Jugend / Espoirs

Saison 2018/2019

<p><b>Pattern Dances</b> <sup>6,7</sup></p>	<p><b>Rocker Foxtrot &amp; American Waltz</b> oder/ou <b>Fourteenstep &amp; Tango</b>; couples shall provide their own music for all Pattern Dances</p>
<p><b>Free Dance</b> <sup>6</sup></p>	<p><b>Duration: 2½ min ± 10 sec</b></p> <p><u>Required Elements:</u></p> <ul style="list-style-type: none"> <li><b>1 Short Lift</b> (up to 7 second) and not more;</li> <li><b>1 Spin or Combination Spin</b>;</li> <li><b>1 Combination Set of Synchronized Twizzles</b>;</li> <li><b>1 Choreographic Character Step Sequence</b>, performed anywhere in the program, placed around the Short Axis &amp; proceeding from barrier to barrier</li> <li><b>1 additional Choreographic Elements</b> out of: <ul style="list-style-type: none"> <li>- <b>Choreographic Dance Lift</b> (min. 3 up to 10 seconds), performed after all the required Dance Lifts</li> <li>- <b>Choreographic Spinning Movement</b>, performed anywhere in the program</li> <li>- <b>Choreographic Twizzling Movement</b>, performed after the required Combination Set of Twizzles</li> <li>- <b>Choreographic Sliding Movement</b>, performed anywhere in the program</li> </ul> </li> </ul>

<sup>6</sup> Gemäss den Anforderungen für die ISU Kategorie Intermediate Novice der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 & 2172 /  
Selon les critères pour la catégorie ISU Intermédiaire Novice des ISU Communications suivantes et éventuelles clarifications en suite : 2148 & 2172

<sup>7</sup> Für die Schweizer Meisterschaften Jugend werden die zu laufenden 2 Pattern Dances vor dem ersten offiziellen Training ausgelost /  
Pour les championnats suisses Espoirs les 2 pattern dances à présenter seront tirées au sort avant le premier entraînement officiel

Mini / Minimes<sup>8</sup>

Saison 2018/2019

Pattern Dances <sup>9</sup>	2 from Swing Dance, Willow Waltz & Tango Fiesta; couples shall provide their own music for all Pattern Dances
Free Dance <sup>9</sup>	<p>Duration: 2 min ± 10 sec</p> <p>Required Elements:</p> <ul style="list-style-type: none"> <li>1 Spin or Combination Spin;</li> <li>1 Combination Set of Synchronized Twizzles;</li> <li>1 Choreographic Character Step Sequence, performed anywhere in the program, placed around the Short Axis &amp; proceeding from barrier to barrier</li> <li>1 additional Choreographic Elements out of: <ul style="list-style-type: none"> <li>- Choreographic Dance Lift (min. 3 up to 10 seconds), performed after all the required Dance Lifts</li> <li>- Choreographic Spinning Movement, performed anywhere in the program</li> <li>- Choreographic Twizzling Movement, performed after the required Combination Set of Twizzles</li> <li>- Choreographic Sliding Movement, performed anywhere in the program</li> </ul> </li> </ul>

<sup>8</sup> **Achtung: in der Kategorie Mini werden keine Schweizermeisterschaften ausgetragen /**  
**Attention: dans la catégorie Minimes aucun championnat suisse sera disputé**

<sup>9</sup> Gemäss den Anforderungen für die ISU Kategorie Basic Novice der folgenden ISU Communications und eventuellen späteren Ergänzungen: 2148 & 2172  
*Selon les critères pour la catégorie ISU Basic Novice des ISU Communications suivantes et éventuelles clarifications en suite : 2148 & 2172*